2015 Suggested Health and Wellness Observances

JANUARY 2015
- National Volunteer Blood Donor Month
- Faith MoNet Mental Wellness Month

FEBRUARY 2015
- American Heart Association American Heart Month/Wear Red Day (February 6)
- Faith MoNet National Black HIV/AIDS Awareness Sunday (February 1)
- Faith MoNet Wear Red Sunday (February 8)

MARCH 2015
- FaithMoNet/American Kidney Fund Kidney Sunday (March 1)/World Kidney Day (March 13)
- Taste Test Sunday (March 15)/American Diabetes Association Diabetes Alert Day (March 25)
- National Nutrition Month

APRIL 2015
- Minority Health Month
- The World Health Day (April 7)
- Counseling Awareness Month

MAY 2015
- American Stroke Association American Stroke Month
- Faith MoNet Mother’s Day Bells for Remembrance Breast Health Awareness (Sunday, May 10)
- National Mental Health Month

JUNE 2015
- National Cancer Survivor’s Day ® (June 7)
- Faith MoNet Summer of Health and Wellness Vacation Bible School/Summer Camp
- Fireworks Safety Month (through July 4)
- Men’s Health Month

JULY 2015
- Faith MoNet Summer of Health and Wellness Vacation Bible School/Summer Camp
- Fireworks Safety Month (through July 4).

AUGUST 2015
- National Minority Donor Awareness Day (August 1)
- Easter Seals Make the First Five Count (August 2)
- Faith MoNet Periodontal Health Month
- National Immunization Awareness Month

SEPTEMBER 2015
- National Childhood Obesity Awareness Month
- Sickle Cell Disease Awareness Month
- Faith MoNet Senior Recognition Sunday
- Faith MoNet Let’s Move Weekend (September 18-20)

OCTOBER 2015
- National Church Safety and Security Month
- National Breast Cancer Awareness Month
- Domestic Violence Awareness Award
- “Talk about Prescriptions” Month

NOVEMBER 2015
- Diabetes Awareness Month/Diabetes ID (I Decide) Day (November 11)
- Pancreatic Cancer Awareness Month
- National Alzheimer’s Disease Awareness Month and National Caregiver Month
- American Cancer Society Great American Smoke Out (November 17)

DECEMBER 2015
- World AIDS Day (December 1)
- National Drunk and Drugged Driving (3D) Prevention Month
- National Influenza Vaccination Week (December 6-12)

Key:
Bold – Faith MoNet sponsored events
Italicized – part of 5 year rotation

For more information or to volunteer to be an observance co-chair, e-mail info@faithmonet.org.